

2017: What a year!

What a year it's been. It's safe to say that I started 2017 at the lowest point I've ever been in my life! I'm not being hyperbolic. This year ain't been no crystal stair. ["It's had tacks in it, And splinters, And boards were torn up, And places with no carpet on the floor – Bare."](#)

I wrote about my time in Florida earlier this year in previous posts. I faced myself in the mirror and asked myself what's going on under that facade and addressed the good, the bad and the ugly parts of myself, I sought after a much-needed change in my life. The hardest part was taking the first step – completely removing myself from familiar people, places, and things.

I faced uncertainty in a way I've never had to endure before. It was scary! It was lonely at times, but I learned that I was never truly alone – even when I was by myself. See, I learned first hand what David meant when he wrote in Psalms 23, [" Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me."](#) The Lord has truly shown himself to be my shepherd this year. I'm so thankful for that! Through all, I've endured this year I have lacked nothing I truly needed. I've had food on the table, clean clothes on my back and a roof over my head through it all, and that's nothing but the grace of God!

I also wrote about relocating and moving to a place that now feels like home. I arrived here, in San Francisco in May. I'm about 6 months in now and so much has changed in my life for the better. I have a job that I'm grateful for, I enjoy and I learn so much from. I'm blessed still and I was blessed before when the days were harder to bare. God is good through thick and thin!

The purpose of this post is to kinda check in and provide an

update since departing West Palm Beach, FL in May. I'm happier now, I'm at peace mostly and I'm still growing.

I'm still moving forward and taking advantage of all the resources around me now. I'm learning a lot, drinking very little, inspired by new possibilities in ways I've never been before.

Not too long ago someone asked me what was the biggest lesson I learned from the ups-and-downs this year. I looked them in the eye and said, without hesitation, "I've learned that I can't do it alone". I need a strong relationship with my heavenly father and I need to seek companionship and friendships with positive, kind, like-minded individuals with the hope of developing long, lasting relationships. From these relationships, I need to never be afraid or even hesitate to ask for help.

So, with roughly 6 weeks left this year, I've set a few additional personal goals just so that I can finish this year with some momentum to carry forward into 2018.

Have a good night and God bless.

A handwritten signature in black ink, appearing to be 'dmoey' or similar, written in a cursive style.